

# SALEM COUNSELING SERVICES

Pioneer Trust Building  
117 Commercial St. NE, Suite 255  
Salem, Oregon 97301  
Phone: 503-931-6611 Fax: 503-585-2155

## Questionnaire for Determining Behavioral Health Insurance Benefits

Patient's name: \_\_\_\_\_

Patient's date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy holder's name (if different from patient): \_\_\_\_\_

Policy holder's date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Policy holder's ID#: \_\_\_\_\_

Policy holder's Employer: \_\_\_\_\_

Address of policy holder's Employer: \_\_\_\_\_

Name of Insurance Company: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_ Renewal date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name of any behavioral health subcontractor: \_\_\_\_\_ Phone number: \_\_\_\_\_

Where are claims forms to be sent? \_\_\_\_\_

1. Is this specific patient covered under this policy?  Yes  No

2. Are mental health services covered?  Yes  No

3. Are drug and alcohol services covered?  Yes  No

4. Will the insurance pay for these modalities of treatment?

Individual psychotherapy  Yes  No Family therapy  Yes  No

Psychological testing  Yes  No Drug and alcohol treatment  Yes  No

Group therapy  Yes  No Other: \_\_\_\_\_

5. Is this coverage Current  Yes  No  Won't start until \_\_\_\_\_ of 20 \_\_\_\_\_

Due to end on \_\_\_\_\_

6. Are services provided by a Licensed Professional Counselor covered?

a. Are additional credentials required?  No  Yes If yes, which? \_\_\_\_\_

b. Is referral by a physician required?  No  Yes

7. Will this insurance plan pay providers who are "out-of-network"?  Yes  No

If not, what are the additional costs to the client? \_\_\_\_\_

8. Is there an exclusion for "preexisting" conditions?  Yes  No

What are they?: \_\_\_\_\_

9. Are there excluded diagnoses? (e.g. ADHD and learning disorders, ODD, conduct disorder)  Yes  No

What are they? \_\_\_\_\_

11. Is there a "copayment" the client must pay for each treatment session?

No  Yes If yes, how much is it \$ \_\_\_\_\_

12. Is there a deductible that must be paid by the client before the insurance company will pay anything?

No  Yes If yes, how much is it? \$ \_\_\_\_\_

13. Is this deductible per year, per calendar year, per person/client, per family, per diagnosis (underline which).

14. Will the insurer pay the entire amount of allowable charges (after the deductible) for mental health services, or does it reduce the coverage for mental health services?  No reduction  Yes How much? \$ \_\_\_\_\_ or \_\_\_\_%.

15. Is there a limit on the amount the insurance will pay for mental health services in a year or a lifetime?

No  Yes If yes, \$ per year and/or \$ in lifetime. \_\_\_\_\_

How much of this remains available? \$ \_\_\_\_\_

16. Is there a limit on the number of visits/sessions per year or by diagnosis?  No  Yes, # \_\_\_\_\_ per year.

17. Coordination of benefits: What rules apply if more than one insurance company is providing coverage for this?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

18. Are there any other rules, requirements, forms, or procedures that we should be aware of?

\_\_\_\_\_  
\_\_\_\_\_